



GOOD READS on PARENTING

Journeys Christian Counseling

BOUNDARIES WITH KIDS

Authors: Cloud & Townsend

What the award-winning Boundaries has done for adult relationships, Boundaries with Kids will do for you and your children Here is the help you need for raising your kids to take responsibility for their actions, attitudes, and emotions. Drs. Henry Cloud and John Townsend take you through the ins and outs of instilling the kind of character in your children that will help them lead balanced, productive, and fulfilling adult lives. Learn how to * set limits and still be a loving parent * bring control to an out-of-control family life * apply the ten laws of boundaries to parenting * define appropriate boundaries and consequences for your kids ... and much more. 'Boundaries with Kids helps us give our kids the skills they need to live realistic and full lives in meaningful relationships. Not perfect--but healthy!' ---Elisa Morgan, president of MOPS International, Inc.

EASY TO LOVE: DIFFICULT TO DISCIPLINE

Author: Bailey

Learn how to stop policing and pleading and become the parent you want to be. You love your children, but if you're like most parents, you don't always love their behavior. But how can you guide them without resorting to less-than-optimal behavior yourself? Dr. Becky Bailey's unusual and powerful approach to parenting has made thousands of families happier and healthier. Focusing on self-control and confidence-building for both parent and child, Dr. Bailey teaches a series of linked skills to help families move from turmoil to tranquility: 7 Powers for Self-Control to help parents model the behavior they want their kids to follow. These lead to: 7 Basic Discipline Skills to help children manage sticky situations at home and at school, which will help your children develop: 7 Values for Living, such as integrity, respect, compassion, responsibility, and more. Dr. Bailey integrates these principles in a seven-week program that gets families off to a good start, offering plenty of real-life anecdotes that illustrate her methods at work. With this inspiring and practical book in hand, you'll find new ways of understanding and improving children's behavior, as well as your own.

PARENTING WITH LOVE AND LOGIC

Authors: Cline & Fay

Psychiatrist Cline and educator Fay's "Love and Logic" parenting method advocates raising responsible children through practice. "Helicopter" parents hover around their children while "drill sergeant" parents give orders to theirs, they claim. Neither of these styles permits children to learn how to make choices and learn from the consequences. The result is that as early as adolescence these children too often make bad decisions. In the context of a healthy, loving relationship, "Love and Logic" parents teach their children responsibility and the logic of life by solving their own problems, providing skills for coping in the real world. After laying out the principles of "Love and Logic," the authors provide "parenting pearls," which are strategies for applying the method to actual situations such as back-seat battles in the car, homework, and keeping bedrooms clean. The narration, performed by Tim Kenney and Bert Gurule, is clear and energetic.

GRACE BASED PARENTING

Author: Kimmel

Kimmel, author and founder of Family Matters ministries, likens many Christian parents' attempts at rearing children to putting together a puzzle without first studying the completed picture located on the box's cover. Kimmel states that families of faith tend toward extremes, either being overly permissive or overly legalistic. This is not a particularly new concept, but Kimmel pulls it off with interesting storytelling and sound biblical parallels. He says Christians frequently believe that the battle for a child's heart and soul is fought on the outside-with rigid rules and boundaries-when in fact just the opposite is true. He underscores the importance of communicating the unconditional love that Christ offers and affirming this timeless message of grace to one's family. Despite the numerous examples the author cites where parents fail, this text is overwhelmingly upbeat with hope and possibility: Parents who strive to live a life of faith characterized by daily trust in God will pass on this message of possibility and potential to their offspring. Kimmel asserts that this "radical" mode of parenting will meet the three essential needs in kids' lives: for security, significance and strength. He assures parents that these needs can be met with grace-laced love, purpose and hope. Kimmel's gentle heart is evident in every chapter, and his obvious passion will spur frustrated parents to keep at the task with new resolve and optimism.